

GREEN BAY PREBLE

HALL OF FAME



RYAN PROCHNOW

Class of 2002

Earned 1st team WIAA All-State honors in Football (1, of only 15 Preble Football athletes, in the school's history)

Earned 1st team WIAA All-State honors at 2 different positions in the same year (Only Preble Football player to accomplish this)

Selected to the State Shrine All Star Game

3 year starter and Team Captain both Junior and senior year

2001 Elite Preble Ironman Contest (senior year)

2001 1st Team All-Conference offensive fullback, defensive end, and punter (senior year)

2001 Fox River Valley Defensive Lineman of the Year Senior year (unanimous choice)

Member of the 2001 undefeated conference championship team (senior year)

2000 All conference, all region selection – Defensive end, punter (junior year)

Placed in the state track and field meet both junior and senior year

Preble Track and Field Top Ten list in both shot put and discus

Preble Track Team Captain 3 years and earned 70 first place event finishes in his career

2002 Fox River Valley Conference Field Athlete of the Year

Member of the track team for 4 years that won 48 major meets

Recipient of the John David Most Valuable Male Athlete at Preble High School in 2002

Started and played college football 4 years – Saginaw Valley and UW- Stevens Point

Ryan is married to his wife Stacy and they have 2 children, son Brody and daughter Reagan

Inducted 2017